

[Subscribe](#)[Past Issues](#)[Translate ▼](#)[View this email in your browser](#)

Due to the COVID-19 pandemic, millions of people are out of work and unable to afford the food and supplies they need. Food banks are working overtime to provide food and supplies to those who need them most. We've partnered with the [St. Louis Area Foodbank](#) in order to help support our community in this time of need. If you or a loved one is in need and lives in the St. Louis bi-state region please visit <https://stlfoodbank.org/covid19/> for resources.

[Subscribe](#)[Past Issues](#)[Translate ▼](#)

EVERY CONTRIBUTION MATTERS

BEST ITEMS TO DONATE:

Peanut butter	Boxed crackers
Canned tuna	Fruit snacks
Canned chicken	Canned veggies
Canned fruit	Bottled juice
Canned corn	Boxed juice
Bottled jelly	Canned ravioli
Canned soups	Mac and cheese
Canned peaches	Instant oat meal
Boxed/bagged rice products	Shampoo/conditioner
Boxed/bagged pasta products	Soap/lotion
Condiments/sauces	Tooth brushes
Boxed complete meals	Toothpaste
Hot cereal	Feminine products
Cold cereal	Baby body products
Powdered milk	Baby food and formula
Granola bars	Diapers
Breakfast/snack bar	Toilet tissue



STL FOOD BANK'S GOAL IS TO DISTRIBUTE **10 MILLION MEALS** TO LOCAL CHILDREN, FAMILIES, SENIORS AND OTHER IMPACTED INDIVIDUALS IN THE BI-STATE REGION BY THE END OF JUNE. LET'S HELP REACH THIS GOAL!



Copyright © 2020 The Law Offices of Kevin J. Roach, LLC, All rights reserved.

Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).

[Subscribe](#)

[Past Issues](#)

[Translate ▼](#)

