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We hope you have a fun and safe Summer!

Take a look at some Summer safety tips, enjoy a good news story to boost your spirits, and check out the Cardinal's home game schedule to plan your next fun outing!



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Stay Safe on the Road with These Summer
Driving Tips



Many people think that winter is the most dangerous time to be on the road, but that is not entirely true. The summer can be equally risky, if not more so, and drivers need to take summer driving safety seriously.

The risks associated with summer driving are easy to overlook, but they are all around. Summer is the most popular time for vacations, and that means more people -- and cars -- are on the road. Summer weather can also be unpredictable, with pop-up thunderstorms and severe weather like tornadoes. While winter storms can be accurately predicted days in advance, summer weather hazards are harder to spot. That can make being on the road more dangerous, and preparation essential.

No matter where you plan to drive this summer, safety should be your prime consideration. Whether you are hitting the road for a cross-country trip or just heading to the beach, these tips can help you stay safe.

-- Keep your car well maintained -- regular maintenance is the No. 1 number one thing you can do to improve the safety of your car. Get regular tune-ups, and have your car checked out thoroughly before leaving for a long road trip.

-- Practice towing ahead of time -- it can take some time to get used to towing a

trailer. If you do not tow regularly, hook up your boat, trailer or camper a few weeks ahead of time and head out to an empty parking lot or other large area to practice before your trip.

-- Clean your headlights -- a lot of the road salt that helped you drive more safely in the winter ended up on your headlights, and that debris can make them dimmer than they should be. Take a few minutes to clean your headlights thoroughly and test their brightness. If the headlights still seem dim, having them replaced can help you drive more safely.

-- Have your car seat checked -- many drivers are using the wrong car seat for their children, and that could put them at risk in a crash. Many police stations provide car seat safety checks free of charge, and they can give you tips for choosing a safer seat if you need one.

-- Share the road -- cars are not the only vehicles on the road in the summer months. Bicyclists, walkers and motorcycles also take to the road in the warmer months. Stay alert for these other vehicles, and always allow at least 4 feet of space between your car and bicyclists and walkers.

-- Pack an emergency kit -- all drivers should carry an emergency road safety kit in their cars. If you do not already have one, now is the time to act. You can buy a ready-made kit or make your own with a set of flares, some reflective orange triangles, a flashlight, jumper cables and a basic first aid kit.

Staying safe behind the wheel is everyone's responsibility. Whether you are heading out for summer vacation or just picking up the groceries, it is important to keep your car -- and your driving skills -- tuned up.

Motorcycle Safety Tips



Summer is a popular time for motorcyclists to be on the road, meaning motorcycle accidents are more frequent during these months. While motorcycles are a fun and fuel-efficient form of transportation, the risks are higher for motorcyclists than other types of motorists. Most automobiles are equipped with safety features like airbags, seatbelts and a sturdy frame to protect drivers and passengers from collisions; motorcycles leave very little protection between the operator and the road.

Although motorcycle accidents are not necessarily more common than car crashes, they often result in much more severe injuries. Here are a few tips for staying safe while riding your motorcycle:

- Wear appropriate protective clothing. Bikers don't just wear leather because it looks cool; leather helps to protect your skin from road rash if your bike slides on the road. Helmets are also a necessity. Without them, even a minor collision could result in brain damage or death.

- Drive defensively. All motorists should learn defensive driving techniques, but it's especially important for motorcyclists as they have so much more at stake. Always give drivers plenty of space and give yourself an "out" at all times so you can get out of the way safely when avoiding an accident.

-- Make sure people can see you. Most motorcycle accidents happen because motorists cannot see the bike. Give cars plenty of room and avoid their blind spots. Consider wearing reflective clothing, especially at night or during inclement weather.

-- Don't ride in bad weather if you can avoid it. Ice, snow and rain can all contribute vehicle accidents regardless of the type of vehicle or skill of the driver. Because single-vehicle collisions are often caused by bad weather, it's best to stay inside until the weather clears whenever possible. If you must go out, drive slowly and give yourself twice as much time to stop as you usually need.

-- Follow the speed limit. Just because your bike can go faster than traffic doesn't mean you should speed. Traveling too fast for the road you're on can cause you to lose control, and it dramatically reduces your reaction time in a crisis. High-speed collisions are also most likely to result in severe injuries or fatalities due to the force of inertia.

-- Carry enough insurance. Motorcycles need to carry liability insurance just as much as cars do. It's also a good idea to maintain some sort of first-party injury coverage on your motorcycle, even if you don't have full coverage. Motorcycle insurance is usually very affordable and you can save money on your premiums by buying it through the same company as your car insurance.

The most important way to stay safe while riding your motorcycle is to practice constant vigilance and shield yourself from collisions. Accidents happen, and when they do you can mitigate your injuries by wearing the appropriate safety gear.

Operating a motorcycle can be dangerous, but with proper driving habits you can enjoy the freedom and economy with minimal risk to yourself. By being prepared for a collision before it happens and doing what it takes to avoid an accident, you can stay safe no matter what you drive.

What's Making Us Happy

Watch this Team of Teens Rush to the Rescue of Older Couple Trapped Under their Car

June 2, 2018

Good News Network

Displayed with permission from
Good News Network



A youth football team was on the way home from winning a game last weekend when they were faced with a situation that truly tested their teamwork—luckily, they triumphed over that as well.

Returning to Boise, Idaho from a tournament in California, the victorious Black Knights saw an SUV flip off the road in front of them.

The coach immediately pulled over and the team members, all of whom were 13 years or younger, rushed to rescue the couple who was trapped inside the car.

After they helped the man out of the car, they turned their attention to his wife, who was trapped by her seatbelt. One of the teens used a knife to cut the seatbelt free, and then the boys combined their strength (and harnessed their adrenaline) to lift the SUV off the ground so a coach could help the woman out of the wreckage.

The husband and wife, Allen and Maggie Hartman, are recovering from some broken ribs, but are otherwise grateful that the Black Knights became 'white knights' for a day.

[WATCH the video here](#)

Cardinal's Baseball Home Games Schedule

TUESDAY Jun 5, 2018 7:15PM @ Miami Marlins

Theme Ticket Event: Budweiser Bash - Scott Rolen

WEDNESDAY Jun 6, 2018 7:15PM @ Miami Marlins

Theme Ticket Event: Scouts Night III

THURSDAY Jun 7, 2018 12:15PM @ Miami Marlins

Theme Ticket Event: Kids Day Out

MONDAY Jun 11, 2018 7:15PM @ San Diego Padres

Theme Ticket Event: Teachers Night

TUESDAY Jun 12, 2018 7:15PM @ San Diego Padres

Theme Ticket Event: Y98's Courtney & Company Night

WEDNESDAY Jun 13, 2018 7:15PM @ San Diego Padres

Theme Ticket Event: Star Wars Night

FRIDAY Jun 15, 2018 7:15PM @ Chicago Cubs

SATURDAY Jun 16, 2018 7:15PM @ Chicago Cubs

SUNDAY Jun 17, 2018 7:05PM @ Chicago Cubs

Game Highlight: Prairie Farms Ice Cream Sundays

MONDAY Jun 25, 2018 7:15PM @ Cleveland Indians

Game Highlight: Theme Ticket Event: Bob Costas Night

TUESDAY Jun 26, 2018 7:15PM @ Cleveland Indians

Theme Ticket Event: Cancer Awareness Night

WEDNESDAY Jun 27, 2018 7:15PM @ Cleveland Indians

Promotion: T-Shirt Giveaway

Game Highlight: Theme Ticket Event: Peanuts Night

FRIDAY Jun 29, 2018 7:15PM @ Atlanta Braves

Promotion: All Over Print Button Up

Game Highlight: Theme Ticket Event: Margaritaville Night

SATURDAY Jun 30, 2018 6:15PM @ Atlanta Braves

Promotion: Carlos Martinez Mystery Hair Bobblehead

SUNDAY Jul 1, 2018 1:15PM @ Atlanta Braves

Promotions: Adult Cardinals Bucket Hat

Theme Ticket Event: Transplant Awareness Day

FRIDAY Jul 13, 2018 7:15PM @ Cincinnati Reds

Promotion: Cowboy Hat

SATURDAY Jul 14, 2018 3:10PM @ Cincinnati Reds

Promotion: Adam Wainwright Bobblehead

SUNDAY Jul 15, 2018 1:15PM @ Cincinnati Reds

Promotion: Adult Baseball Tote
Game Highlight: Prairie Farms Ice Cream Sundays

FRIDAY Jul 27, 2018 7:15PM @ Chicago Cubs

Game Highlights: Fireworks Night

SATURDAY Jul 28, 2018 3:05PM @ Chicago Cubs

Game Highlight: Cardinals Growth Poster

SUNDAY Jul 29, 2018 7:05PM @ Chicago Cubs

Game Highlight: Prairie Farms Ice Cream Sundays

MONDAY Jul 30, 2018 7:15PM @ Colorado Rockies

Theme Ticket Event: Christmas in July

TUESDAY Jul 31, 2018 7:15PM @ Colorado Rockies

Promotion: July T-Shirt of the Month

Theme Ticket Event: Budweiser Bash - Larry Walker

WEDNESDAY Aug 1, 2018 7:15PM @ Colorado Rockies

Game Highlight: Theme Ticket Event: Hello Kitty Night

THURSDAY Aug 2, 2018 12:15PM @ Colorado Rockies

Promotion: Pack of Cards

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