

## Welcome



Welcome to The Law Offices of Kevin J. Roach, LLC Newsletter. We would like to take this opportunity to introduce you to our new bimonthly newsletter, with articles we think you'll find of interest. We hope you will enjoy our newsletter and we welcome your comments and feedback.

## Take Care Not to Ruin Your Personal Injury Case



Being injured in an auto accident or any other type of personal injury can be a stressful and alarming event as you cope with your injuries and also have to deal with one or more insurance companies.

But it's important to think first and act carefully and cautiously to preserve your rights in any personal injury claim.

Here are some common mistakes to avoid that can virtually ruin a personal injury case:

- **Not getting medical help and missing doctor appointments.** You may not feel injured at first but some symptoms take time to surface. Go to an emergency room or your doctor as soon as you can. Not getting medical help or missing follow-up doctor appointments can be misrepresented as evidence that your injuries are not serious.
- **Missing the deadline to file a case.** Generally, in Missouri there is a 5 year statute of limitations for most personal injury cases, beginning on the date of injury; the corresponding period for Illinois is 2 years. If this deadline is missed, the court will probably refuse to hear your case and you lose any chance of compensation for medical costs, rehabilitation, lost wages and any other expenses related to your accident.
- **Talking about your accident at the scene.** You should answer all police questions but avoid discussing the accident with other drivers, insurance companies or attorneys and don't apologize for the accident.
- **Accepting a settlement without consulting an attorney.** An early settlement may be an attempt by an insurance company to pay the minimum without considering how serious your injuries are and how your physical condition will impact your future.
- **Posting about your accident on social media.** Stay away from social media because you can never assume that the information will remain private. Don't post updates or add photos about your accident on any media including your blog and web page and avoid writing about post-accident activities.

Eyes may be watching you! It's a common practice for insurance companies to hire investigators in hope of obtaining photo or video evidence of your activities after the accident. With this documentation they will try to minimize the effect of your accident on your health and physical condition.

Follow these guidelines to avoid undermining your personal injury case.

## Self-Driving Cars - Could Driver Error Become a Thing of the Past?



Self-driving cars are definitely the wave of the future as some of the world's biggest manufacturers explore cars that reduce or eliminate the amount of time a person in the car must actually drive.

But will self-driving or autonomous cars actually reduce driver error to save lives?

A self-driving system uses many sensors and technologies like laser scanners, radar, GPS, gyroscopes, accelerometers and cameras to build a 3-D picture of the area surrounding the vehicle. Software analyzes the data and will drive the vehicle, ultimately being able to react to unpredictable and dynamic situations.

The partial-automation technology currently available includes adaptive cruise control, lane-keep assist and automatic braking to assist the driver, but the driver must still be ready to take control of the vehicle at any moment.

### Self-Driving Cars Set to Reduce Driver Error

The top causes of car accidents include distracted driving, speeding, reckless and aggressive driving, running red lights and tailgating. Each of these is attributable to driver error rather than to external causes such as weather and road conditions and vehicle problems.

Because self-driving technology assists the driver in routine driving tasks like keeping in lane, timely braking and staying at a safe speed, much of the driver error that causes accidents will be eliminated.

Proponents of the new autonomous technology as well as industry and government experts predict that ultimately self-driving cars will dramatically reduce accidents. Although there is much development and testing to be done, clearly driver error will be reduced resulting in many saved lives.

If you or any family member has been injured in an auto accident or any other personal injury, it's important to get an attorney experienced in these types of cases involved immediately. Call (866) 519-0085 for your initial free consultation. The Law Offices of Kevin J. Roach, LLC, injury attorney in St. Louis, can help you determine whether you need a lawyer for any incident or any personal injury case.

## Recipe of the Month Grilled Pear & Cheddar Pockets



Crunchy pear, sharp cheddar, and peppery arugula come together for a delicious and healthy sandwich.

### Ingredients

- 2 teaspoons Dijon-style mustard
- 1/2 of a whole grain pocket thin flatbread
- 2 slices ultra-thin sharp or mild cheddar cheese
- 1/4 cup arugula
- 1/3 of a medium red pear, cored and cut into 1/4-inch-thick slices

### Directions

1. Preheat a small covered indoor electric grill.\* Spread mustard over the interior surfaces of the pocket thin flatbread half. Arrange the cheese slices in the pocket, folding to fit. Add arugula and pear slices.
2. Place the flatbread half on the preheated grill and close.\* Grill about 1 1/2 minutes or until lightly toasted.

### Tip

**\* If you do not have a covered indoor electric grill, place filled pocket in a preheated nonstick skillet and cook 2 to 4 minutes or until lightly toasted, turning pocket once.**

## St. Louis Cardinals Home Games at Busch Stadium April - May Schedule



Apr 2 - 7:35 pm	Home Opener - Chicago Cubs (Cardinals 2017 Magnet Schedule)
Apr 4 - 7:15 pm	Chicago Cubs
Apr 5 - 12:45 pm	Chicago Cubs
Apr 7 - 7:15 pm	Cincinnati Reds
Apr 8 - 1:15 pm	Cincinnati Reds
Apr 9 - 1:15 pm	Cincinnati Reds
Apr 17 - 6:05 pm	Pittsburgh Pirates (Cardinals Poster Giveaway)
Apr 18 - 7:15 pm	Pittsburgh Pirates
Apr 19 - 12:45 pm	Pittsburgh Pirates
Apr 25 - 7:15 pm	Toronto Blue Jays
Apr 26 - 7:15 pm	Toronto Blue Jays
Apr 27 - 12:45 pm	Toronto Blue Jays
Apr 28 - 7:15 pm	Cincinnati Reds (Bruce Sutter Garden Gnome giveaway)
Apr 29 - 1:15 pm	Cincinnati Reds (Carlos Martinez & Matt Carpenter Double Bobblehead Giveaway)
Apr 30 - 1:15 pm	Cincinnati Reds (Carlos Martinez Kids Home White Jersey Giveaway)
May 1 - 7:15 pm	Milwaukee Brewers
May 2 - 7:15 pm	Milwaukee Brewers
May 3 - 7:15 pm	Milwaukee Brewers
May 4 - 12:45 pm	Milwaukee Brewers
May 12 - 7:15 pm	Chicago Cubs
May 13 - 3:05 pm	Chicago Cubs
May 14 - 1:15 pm	Chicago Cubs (Cardinals Glass Picture Frame Giveaway)
May 16 - 7:15 pm	Boston Red Sox (Tote Bag Giveaway)
May 17 - 7:15 pm	Boston Red Sox (Replica 1967 World Series Championship Mystery Ring Giveaway)
May 19 - 7:15 pm	San Francisco Giants (Adult 1987 Red Mesh Batting Practice Jersey Giveaway)
May 20 - 6:15 pm	San Francisco Giants (Cardinals Pet Bowl Giveaway)
May 21 - 1:15 pm	San Francisco Giants (Adult Rhinestone Cap Giveaway)
May 29 - 1:15 pm	Los Angeles Dodgers (Adult Mystery Pocket T-Shirt Giveaway)
May 30 - 6:05 pm	Los Angeles Dodgers
May 31 - 7:15 pm	Los Angeles Dodgers

## What's Happening in Saint Louis

**May 2 - 7**  
 The Lion King  
 The Fabulous Fox  
 Saint Louis, MO  
<http://www.fabulousfox.com/events/detail/lion-king>

**May 6**  
 Hall & Oates  
 Scottrade Center  
 Saint Louis, MO  
<http://stlouis.eventful.com/events/hall-and-oates-tears-fears-/E0-001-100815595-1>

**May 6**  
 NAMI Walks St. Louis  
 Central Park - Chesterfield Amphitheatre  
 Saint Louis, MO  
<http://www.namiwalks.org/index.cfm?fuseaction=donordrive.event&eventID=624>

**May 7**  
 Vince Gill  
 River City Casino  
 Saint Louis, MO  
<http://stlouis.eventful.com/events/vince-gill-/E0-001-100940517-2>

**May 7**  
 Apple Blossom Parade  
 Frederick Avenue  
 Saint Louis, MO  
<http://www.appleblossomparade.com/>

**May 12 - 14**  
 Dirty Dancing  
 The Fabulous Fox Theatre  
 Saint Louis, MO  
<http://www.fabulousfox.com/events/detail/dirty-dancing>

**May 26 - 29**  
 Saint Louis County Greek Fest  
 Assumption Greek Orthodox Church  
 Town & Country, MO  
<http://stlouisgreekfest.com/>

**May 29**  
 Gypsy Caravan  
 The Family Arena  
 Saint Louis, MO  
<https://www.stlsymphony.org/gypsyscaravan/>

## Meet Our Attorney



Kevin J. Roach

## Our Offices:

**Main Office**  
 400 Chesterfield Center, Suite 400  
 Chesterfield, MO 63017  
 Phone: (636) 519-0085  
 Phone: (866) 519-0085

**Satellite Office**  
 7733 Forsyth Blvd, Suite 1100  
 Clayton, MO 63105  
 (By Appointment Only)

**Website:** [www.InjuredInMissouri.com](http://www.InjuredInMissouri.com)

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